

CITY OF CARLSBAD PARKS AND RECREATION

LIFEGUARD ACADEMY 2011 (r.09)

Become a Lifeguard for the summer:

- Lifeguarding is an exciting and rewarding job.
- Employment opportunities will exist at the Monroe Street Pool for summer 2011.
- The Academy is designed to provide qualified participants with certifications above and beyond the requirements for a pool lifeguarding position.
- Graduates receive American Red Cross Certifications in: Lifeguard Training; Cardiopulmonary Resuscitation for the Professional Rescuer (CPR-FPR); Title 22 First Aid for Public Safety Personnel; Automated External Defibrillation (AED) Essentials; and Oxygen Administration for the Professional Rescuer.

Prerequisites: Must be at least 15 years of age and have the ability to swim 300 meters continuously, using front crawl and breaststroke; swim 20 m, surface dive to a depth of 10 feet, retrieve a 10 pound brick, return to the wall with the object and exit the pool in 1:40 or less.

Fee: \$180 with a \$30 discount for Carlsbad residents.

Schedule:

Date: Tuesday, January 4, 2011	Time: 6:00 p.m. – 9:15 p.m.	PRE-COURSE SWIM TEST
Date: Thursday, January 6, 2011	Time: 6:00 p.m. – 9:00 p.m.	
Date: Saturday, January 8, 2011	Time: 8:00 a.m. – 12:00 noon	
Date: Tuesday, January 11, 2011	Time: 6:00 p.m. – 9:00 p.m.	
Date: Thursday, January 13, 2011	Time: 6:00 p.m. – 9:15 p.m.	
Date: Saturday, January 15, 2011	Time: 8:00 a.m. – 12:00 noon	
Date: Tuesday, January 18, 2011	Time: 6:00 p.m. – 9:00 p.m.	
Date: Thursday, January 20, 2011	Time: 6:00 p.m. – 9:15 p.m.	
Date: Saturday, January 22, 2011	Time: 8:00 a.m. – 12:00 noon	
Date: Tuesday, January 25, 2011	Time: 6:00 p.m. – 9:00 p.m.	
Date: Thursday, January 27, 2011	Time: 6:00 p.m. – 9:00 p.m.	
Date: Saturday, January 29, 2011	Time: 8:00 a.m. – 12:00 noon	
Date: Tuesday, February 1, 2011	Time: 6:00 p.m. – 9:00 p.m.	
Date: Thursday, February 3, 2011	Time: 6:00 p.m. – 9:15 p.m.	
Date: Saturday, February 5, 2011	Time: 8:00 a.m. – 12:00 p.m.	
Date: Tuesday, February 8, 2011	Time: 6:00 p.m. – 9:15 p.m.	
Date: Thursday, February 10, 2011	Time: 6:00 p.m. – 9:15 p.m.	
Date: Saturday, February 12, 2011	Time: 8:00 a.m. – 12:00 p.m.	
Date: Tuesday, February 15, 2011	Time: 6:00 p.m. – 9:00 p.m.	
Date: Thursday, February 17, 2011	Time: 6:00 p.m. – 9:00 p.m.	

For additional information please call the Monroe Street Pool at 760-602-4685.